

# Camera Confidence: Essential Strategies For Speaking To The Camera

Presented by Megan Dredge



Practical strategies you can immediately apply in your very next online class, presentation, video or meeting.

Format: 2. Online

Audience: For teachers, school leaders, mentors, coaches who need to teach their students through a camera. i.e. in an online learning environment, either live or pre-recorded.

## Description

Feeling nervous about speaking to a camera? Not sure how to stand, what to do with your hands, or get your words out clearly? This course will equip you with essential, practical how-to's for speaking in front of a camera. You'll learn strategies for connecting with your students, teaching your content with authenticity, and tips and tricks for camera confidence.

### Additional notes about this format

### Teaching Standards

2.6.2 Proficient Level - Information and Communication Technology (ICT)

3.5.2 Proficient Level - Use effective classroom communication

6.2.2 Proficient Level - Engage in professional learning and improve practice

### Are you in NSW? If so, this is relevant for you



Completing this course will contribute 4 hours of NSW Education Standards Authority (NESA) Registered PD addressing 2.6.2, 3.5.2 & 6.2.2 from the Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW.

TTA (Teacher Training Australia) is endorsed to provide the NSW Education Standards Authority (NESA) Registered Professional Development for teachers accredited at Proficient and Lead Level Teacher.

## Occurrences

Start Date	Location	Price
Now	Online	\$135 + GST

## Sessions

### Let's Get Started

#### 1 hour

Speaking in front of a camera causes a lot of discomfort, even anxiety, for many people. Where do I put my hands? How do I get started? What do I say? What about my facial expressions? Do I have to remember everything off by heart? What if I make a mistake?

These are common questions asked by teachers and leaders everywhere. This course is designed to answer those questions, and more, and leave you with total Camera Confidence.

You'll have a collection of strategies you can confidently use to speak to the camera with ease and enjoyment (yes, this can actually be fun!)

So, let's get started.

### Act Right, Think Right

#### 1 hour

As a teacher, leader, communicator, authenticity is highly attractive. And when speaking to a camera, your ability to be-true-to-you is even more important. Even if you have all the 'camera skills' and 'camera etiquette', without true authenticity your effectiveness as a teacher will be significantly reduced. In this session we'll talk about how to let your true self come through the camera. Also, you'll develop your thinking so that you have the right foundation on which to build your camera skills.

### Look Right, Feel Right

#### 1 hour

How DO you look to and through the camera lens? What is the importance of your eyes and how you use them? What about communicating your emotions? How do you do that through a camera? And should they be larger emotions, or should we downplay them? And what about your clothes and presentation - does this really matter? All this and more will be explored in this session.

## **Move Right, Speak Right**

**1 hour**

When speaking in front of a camera, gestures and body movements have to adjust. What do you need to do differently? Should you use hand gestures? Should you sit or stand? Can you move around? And what about your voice? Should it be louder or softer? And how fast or slow should you speak? And how to you remember all these things AND teach a really good lesson? This session is all about how to move your body and use your voice for maximum effectiveness.

## **Learn Right, Enjoy Right**

**1 hour**

Have you ever watched yourself on video? It can feel awkward, right?! Yet, watching yourself is one of the quickest and most effective ways to improve your Camera Confidence. In this session you'll learn how to get the most out of reflecting on your own video teaching, as well as being reminded of the importance of having fun on this journey.

## **Let's Finish Strong**

**1 hour**

In this final session we bring all your learning together. Camera Confidence is something that can be achieved and enjoyed by all teachers, leaders, coaches and communicators. Learning to speak confidently in front of the camera requires right thinking, right actions, combined with learning from past successes and continually improving in your effectiveness. You, yes you, can truly experience Camera Confidence for yourself.

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## **About the presenter**



## Megan Dredge

### Creator

Megan is a passionate and inspiring presenter, who has spent two decades teaching in both the public and private education sectors.

Megan is committed to helping students aim higher, reach further, and learn stronger. She not only teaches students, she also teaches teachers - running high quality Professional Development programs on a regular basis.

She has authored four books, developed numerous resources for teachers, and most recently developed the education resources for the ABC's sustainability series, Project Planet.

She has spoken extensively in Australia, Asia and Europe and is currently the Global Leadership Coach for Propel Women, actively training over 4000 leaders in 44 nations around the world.

Megan is a Facilitator for G.A.T.E.WAYS gifted and talented students programs nationwide and also for the GERRIC Gifted and Talented Program at the University of New South Wales.

Whether it's in the classroom, the boardroom or the marketplace, Megan is passionate about communicating for life change.

She's been married to Rohan since 1997 and they have two beautiful children, Zariah and Maddox.

Megan loves all things Italian; loves to read, travel and drink coffee; and would always choose the 'room with a view'.

"I look forward to meeting you at my next course and learning from your incredible journey as a teacher." Megan



## Enrol now to secure your spot

Limited spots are available. Please enrol online or fax your enrolment to 1300 667 691 to secure your spot.

Please note, by submitting this enrolment form you are confirming that you have been given financial approval by your employer to attend this course. Cancellation advice should be given in writing 7 days before the commencement of this course.

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Product: Camera Confidence: Essential Strategies For Speaking To The Camera

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Your Name:

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Employer name:

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Enrol online at <http://tta.edu.au>