

Shining the Light on Student Potential

Presented by Sapna Sachdeva



Explore how to use wellbeing and Positive Psychology concepts to support your students to reach their potential.

Format: 2. Online

Audience: This would be suitable to all educators - teachers, school leadership, CRTs

Description

This course will look at wellbeing and Positive Psychology concepts that can support students to flourish and work towards their potential in a school setting.

We will look at research, evidence, strategies and activities to implement concepts that can support teachers to engage students and encourage them to build self-management skills.

Additional notes about this format

Throughout this course you will be guided to reflect on your cohort of students and your own teaching to get a deeper understanding of the concepts and ideas. Activity ideas will be provided for you to try in your classrooms and schools.

Teaching Standards

1.1.2 Proficient Level - Physical, social and intellectual development and characteristics of students

1.2.2 Proficient Level - Understand how students learn

4.1.2 Proficient Level - Support student participation

6.2.2 Proficient Level - Engage in professional learning and improve practice

Are you in NSW? If so, this is relevant for you

Completing this course will contribute 2.5 hours of NSW Education Standards Authority (NESA) Registered PD addressing 1.1.2, 1.2.2, 4.1.2 & 6.2.2 from the Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW.

TTA (Teacher Training Australia) is endorsed to provide the NSW Education Standards Authority (NESA) Registered Professional Development for teachers accredited at Proficient and Lead Level Teacher.

Occurrences

Start Date	Location	Price
Now	Online	\$114 + GST

Sessions

Introduction

15 minutes

An overview of the learning intentions for this course and the topics we will cover.

Students and Strengths

40 minutes

Understanding strengths is vital for a student in their learning. We take a look into Character Strengths, why they are important for student learning and how to use them in a classroom.

Growth Mindset Students

40 minutes

Creating a growth mindset has many benefits on learning, engagement and self-management for students. We will look at what this means and how to work on it in the classroom.

Self-talk

40 minutes

The internal voice in a student's head can have a lasting impact on their success at school - socially, emotionally and academically. We look into the idea of self-talk and how to support students with strategies to manage this.

Reflection

15 minutes

To support us to move from understanding to applying we reflect on what we've covered and what are next steps are in the classroom.

About the presenter



Sapna Sachdeva

Creator

Sapna Sachdeva is an experienced educator and education consultant on wellbeing and Positive Psychology concepts. Sapna believes in bringing evidence-based, best practice approaches to schools to allow them to apply and embed the strategies in a way that is sustainable and provides ownership to the parties involved.

Sapna has her Masters in Student Wellbeing and spends a lot of her free time enrolling in courses and building her knowledge in wellbeing and Positive Psychology. I live by the strategies and recommendations I make to teachers, parents and students and give examples of how I myself follow the tools I speak about. I am passionate about changing education to focus more on wellbeing and the impact of holistic education on all parties involved.



Enrol now to secure your spot

Limited spots are available. Please enrol online or fax your enrolment to 1300 667 691 to secure your spot.

Please note, by submitting this enrolment form you are confirming that you have been given financial approval by your employer to attend this course. Cancellation advice should be given in writing 7 days before the commencement of this course.

Product: Shining the Light on Student Potential

Occurrence Date:

Your Name:

Your email address:

Employer name:

Employer phone:

Enrol online at <http://tta.edu.au>