

Child and Youth Suicide Prevention in the School Context

Presented by Donna Redman



Keep your students safe to learn! Build your capacity to identify students at risk, intervene safely & link them to the support they need. Essential training for every ...

Format: 1. Face to Face

Audience: Primary & Secondary teachers working with students in Stages 2-6, particularly those in roles responsible for student welfare.

Description

The course will improve the confidence of those working with young people to identify students at risk and link them effectively and safely to mental health professionals. The course will create a safer and more supportive school environment by focussing on the following key areas:

- Current trends and statistics pertaining to child and youth suicide
- The role of the 'gatekeeper' in suicide prevention
- Protective and risk factors in young people
- Warning signs of suicidal ideation - what to look out for
- Safe methods of intervention (including self-care and areas of safety)
- Referring young people at risk
- Synthesizing knowledge gained into real and practical scenarios

Additional notes about this format

This course is available to attend in person or remotely. If you wish to attend this course via Zoom link, please enrol using the promo code REMOTE. This will reduce the price of the course by \$50. Zoom links will be emailed closer to the course date.

If you enrolled to attend the course in person and we need to change to a remote only course, you will be given a \$50 credit (valid for 12 months).

Teaching Standards

4.4.2 Proficient Level - Maintain student safety

Are you in NSW? If so, this is relevant for you

Completing this course will contribute 5 hours of NSW Education Standards Authority (NESA) Registered PD addressing 4.4.2 from the Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW.

TTA (Teacher Training Australia) is endorsed to provide the NSW Education Standards Authority (NESA) Registered Professional Development for teachers accredited at Proficient and Lead Level Teacher.

Occurrences

There are no occurrences of this format in Australia (NSW - Accredited) at this time.

Sessions

Child and Youth Suicide Prevention in the School Context

5 hours

This full-day workshop will improve the confidence of those working with children and young people to identify students at risk and link them effectively and safely to mental health professionals. It has been designed to create a safer and more supportive school environment by focussing on the following key areas:

- Current trends and statistics pertaining to child and youth suicide in Australia
- The role of the 'Gatekeeper' in suicide prevention
- Protective factors that enhance student wellbeing and safety
- Risk factors and how these manifest into warning signs that teachers and support staff can look out for
- Safe methods of intervention when working with students at risk (including self-care and arenas of safety)
- Referring young people at risk to support services
- Synthesising knowledge gained into real and practical scenarios

About the presenter



Donna Redman

Creator

Donna is a writer, speaker, teacher trainer and secondary educator. She has expertise in student wellbeing, establishing effective school systems and positive strategies for youth suicide prevention.

In 2013 Donna was awarded the NSW Premier's Anika Foundation Youth Depression Awareness Scholarship and examined strategies implemented globally for youth suicide prevention and she recognized the importance of proactively enhancing teacher confidence within the school context. Donna assisted in the planning of the Wollongong Diocesan Suicide Pre, Inter and Post-Vention Strategic Plan. Donna's company Awaken Youth facilitates NESA Accredited 'Gatekeeper' workshops for teachers as well as targeted suicide prevention training for parents and guardians of young people. Additionally, Donna is an accredited trainer with LivingWorks and delivers safeTALK suicide prevention training to senior students in secondary schools. In 2015 she presented at the Suicide Prevention Australia Conference on the topic 'Teachers: the greatest untapped resource in youth suicide prevention.' She is a member of the Macarthur Suicide Prevention Network committee and is employed as a Telephone Crisis Supporter for Lifeline. In 2017 Donna presented workshops nationally at the Positive Schools Conference titled: 'Positive Strategies for the Prevention of Youth Suicide'. In 2018 she will be presenting in Sydney at the ProPsych Mental Health in Schools Conference on the topic 'Child and Youth Suicide Prevention in the School Context'. Donna is also the author of the young adult novel Awakening Sebastian, which communicates a strong positive and preventative message regarding youth suicide.



Enrol now to secure your spot

Limited spots are available. Please enrol online or fax your enrolment to 1300 667 691 to secure your spot.

Please note, by submitting this enrolment form you are confirming that you have been given financial approval by your employer to attend this course. Cancellation advice should be given in writing 7 days before the commencement of this course.

Product: **Child and Youth Suicide Prevention in the School Context**

Occurrence Date:

Your Name:

Your email address:

Employer name:

Employer phone:

Enrol online at <http://tta.edu.au>