

Roadmap to Positive Education - Masterclass with Dr Paula Robinson

Presented by Dr Paula Robinson, School Membership, NESA Registered Professional Development, Positive Psychology Institute



This presentation will provide teachers with an effective 5 step approach to assist educators in creating a successful Positive Education plan.

Format: Live Masterclass

Audience: Teachers and Education Leaders with an interest in Positive Psychology

Description

Positive Education has been defined as "the development of educational environments that enable the learner to engage in established curricula in addition to knowledge and skills to develop their own and others' wellbeing".

The concept, science and practice of Positive Education is becoming increasingly utilised in schools around the world, as a proactive approach to improve mental health, academic performance, social emotional learning and teacher/student wellbeing. Unfortunately, multi-level, strategic approaches are often sporadic despite the steady and worrying increase of mental illness and the burgeoning costs to families and the school community. Lack of time, human and financial resources together with stigma and confusion surrounding many mental health and wellbeing initiatives are often cited as barriers to buy-in.

This presentation demonstrates the importance of setting solid foundations before commencing the journey into positive education and highlights a simple and effective 5 step approach underpinned by scientific research to assist educators in creating a successful and sustainable Positive Education plan.

Occurrences

There are no occurrences of this format in Australia (NSW) at this time.

Sessions

Live Presentation

2 hours

The entire course will be delivered as one live presentation.

About the team



Dr Paula Robinson

Creator

Following a career as a senior executive, Dr Paula Robinson is now a registered, consulting Psychologist, author, speaker and Managing Director of the Positive Psychology Institute. Paula specialises in the science, application and integration of traditional Psychology and Positive Psychology. Paula has completed her Bachelor of Science with first class honours and her Ph.D in Positive Psychology with a mental fitness focus, as well as numerous research studies, book chapters, invited presentations, workshops and strategic positive change programmes for government, private organisations, schools and the wider community. Paula has been invited to present at conferences in Australia, Paris, Doha, Singapore and China on her work with schools and organisations. Paula has worked with over 200 schools, training and implementing both large and smaller scale Positive Education initiatives for leaders, teachers, students and parents. Paula has performed numerous expert advisory panel and media roles and is currently a lecturer for the University of Wollongong, Sydney Business School, Laureate Universities and guest lecturer at Melbourne University's Graduate School of Education. Paula has just published her first book in applied Positive Psychology in education, titled Practising Positive Education: A Guide to Improve Wellbeing Literacy in Schools.



Positive Psychology Institute

Creator

The Positive Psychology Institute (PPI) integrates the emergent theory, research and evidenced-based practice of Positive Psychology - the science of optimal functioning - with that of traditional Psychology.

PPI also draws from the complimentary fields of Neuroscience, Education, and Organisational Behaviour.



Enrol now to secure your spot

Limited spots are available. Please enrol online or fax your enrolment to 1300 667 691 to secure your spot.

Please note, by submitting this enrolment form you are confirming that you have been given financial approval by your employer to attend this course. Cancellation advice should be given in writing 7 days before the commencement of this course.

Product: Roadmap to Positive Education - Masterclass with Dr Paula Robinson

Occurrence Date:

Your Name:

Your email address:

Employer name:

Employer phone:

Enrol online at <http://tta.edu.au>