

## Nature Play in Early Childhood

Presented by Kirsty Costa - Cool Australia, This course is FREE with Online Subscription



Get children learning outside and enjoying the many benefits of learning in nature. This course supports the NQS and EYLF.

Format: Short Online

Audience: Early childhood educators, centre directors, managers and others working with early childhood services.

### Description

A growing body of research suggests that nature play helps children develop their physical, intellectual, emotional, social and moral capacities. There are many ways to integrate nature play into your learning programs, no matter where your early childhood service is located.

In this 2 hour online course, you will explore:

- Research about how nature play helps childhood development.
- Ways to integrate nature play into your service's programs.
- Opportunities and barriers.
- How to talk to families and involve your community.
- A range of teaching resources linked to the EYLF.

Build your confidence and skills. Explore the course at your own pace, in your own time. Learn today, teach tomorrow.

### Additional notes about this format

>> This 2 hour online professional development is open for 2 weeks.

We recommend you allocate some time in your calendar, in advance, to enjoy the activities and get the most out of the course.

>> This course supports the EYLF in Outcomes 2, 3 and 4.  
It also supports achieving National Quality Standard 2.2 and 3.2.

## Occurrences

There are no occurrences of this format in Australia (ACT) at this time.

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## Sessions

### 1. Introduction

**20 minutes**

Introduce yourself to the course group and get outside in nature.

### 2. The Benefits

**15 minutes**

Think about how children's health is changing and find out about the many benefits of nature play.

### 3. Types of Nature Play

**30 minutes**

Discover the types of nature play and consider what will be appropriate for your early childhood service or organisation.

### 4. EYLF and NQS

**20 minutes**

Explore nature play resources that help your service achieve Early Years Learning Framework (EYLF) outcomes and the requirements of the National Quality Standard (NQS).

### 5. Overcoming Challenges

**20 minutes**

Find out about risk management and how to talk to families about nature play.

### 6. Reflection

**15 minutes**

Use a fun reflection tool to think about your learning and consider your next steps.

## Further Study

### No duration specified

After you've completed the course, you are welcome to explore these optional lessons to deepen your learning.

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## About the team



### Kirsty Costa - Cool Australia

#### Creator

Kirsty helps teachers grow in their profession. She is the Head of Professional Development at Cool Australia, inspiring hundreds of educators each year. Kirsty shares her 15+ years of teaching and training experience. In her courses, she creates a dynamic space for teachers to be creative and curious. She builds teacher confidence and makes information relevant, helpful and powerful. Kirsty also has a background in communication and talking to people about change.



### Cool Australia

#### Creator

Cool Australia is an award winning not-for-profit dedicated to supporting educators with tools to foster 'learning for life'. We help integrate topics around sustainability, ethics, economics and wellbeing across the curriculum. This enables teachers of all age groups and disciplines to engage young Aussies in real-life learning whilst achieving Australian Curriculum and Early Years Learning Framework outcomes. Our accredited professional development is designed to build your confidence, understanding and expertise. You will learn through a mixture of practical and thinking activities as well

as hearing the stories of others. Plus you will access a range of teaching tools that you can use straight away in your teaching.

**Free** with  
Online  
Subscription

### **This course is FREE with Online Subscription**

#### **Creator**

If you hold a current TTA Subscription you can enrol into this course for free. To learn more, visit [tta.edu.au/go/subscription](http://tta.edu.au/go/subscription)

Please review the course details to learn how many PD hours this course contributes.



## Enrol now to secure your spot

Limited spots are available. Please enrol online or fax your enrolment to 1300 667 691 to secure your spot.

Please note, by submitting this enrolment form you are confirming that you have been given financial approval by your employer to attend this course. Cancellation advice should be given in writing 7 days before the commencement of this course.

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Product: Nature Play in Early Childhood

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Occurrence Date:

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Your Name:

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Your email address:

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Employer name:

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Employer phone:

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